
COURSE INFORMATION SHEET



Sex Education for Persons with Intellectual Disability

Jan/Feb/March 2022 (20 hours)

Date of Issue:
28/07/2021

| | | | |
|---|---|---------------------------------|---|
| Course Duration: | 20hrs | Time: 3:30 – 5:30pm | Applications closing date: 06.1.22 |
| Dates: All sessions are held on Thursday | Jan: 13; 20; 27 February: 3; 17; 24; March: 3; 10; 17; 24 | | |
| Venue: | University HUB, Msida | Course Registration Fee: | €229/UM students €210 |

Delivery style: Workshops involving multi-media sex education specific material and practical sessions

Aim and Contents of the Course

The course aims at equipping participants with the skills and tools required to address the sex education needs of persons with intellectual disability (ID)

Course Outline

- Age appropriate terminology related sexuality
- Puberty: physical changes & personal hygiene
- Sexual exploration and expression
- Personal boundaries; public & private behaviour
- Sexual rights, risks & responsibilities: Articles 23 & 25 of the UNCRPD, National Disability Policy and the Equal Opportunities Act (2000)
- Contraception, pregnancy and childbirth
- Parenting
- Sexual Orientation and Gender Identity
- Sexual Abuse; victims and perpetrators

Learning Outcomes:

- Participants will be able to engage in sexuality related discussion with persons with ID and approach the subject from a sexual rights perspective.
- Participants will be able to give information about sexuality using appropriate terminology and support this with the use of adequate resources..
- Participants will be able to support persons with ID to make informed choices when exploring and expressing their sexuality.

Course Coordinator/Trainer:

Dr. Claire Azzopardi Lane specializes in the field of disability and sexuality. She has worked in various sectors of disability, including education, social care, professional staff training and ultimately academia. In her professional experience she has worked directly with persons with disability, their families and persons who work in disability related professions. Currently, Dr Azzopardi Lane heads the Department of Disability Studies and the Department of Gender and Sexualities within the Faculty for Social Wellbeing, at the University of Malta. She lectures across various departments and faculties. Her most recent research work revolved around disability and sexuality, LGBTIQ, sexual health, sex education, cancer and parenting. She has presented and published her academic research internationally with the intent of influencing policy and practice in the field.

Certification

Upon successfully completing the course with 80% attendance, attendees will receive an Attendance Certificate from Malta University Consulting Ltd.

General Information

For further information kindly contact: Malta University Consulting Ltd, Robert Mifsud Bonnici Street, Lija. Tel: 21240746; e-mail: trainingservices@muhc.com.mt; website: www.muhc.com.mt
Cheques are to be made payable to Malta University Consulting Ltd.