



MALTA UNIVERSITY CONSULTING

## COURSE INFORMATION SHEET

# Short Training Course on Stroke Care for Caregivers

<b>Course Duration:</b>	12 hours	<b>Time:</b>	5:30pm to 7:30pm
<b>Dates:</b>	Every Wednesday from 14 <sup>th</sup> April to 19 <sup>th</sup> May 2021 (6 sessions)		
<b>Delivery:</b>	Online via Zoom	<b>Course Registration Fee:</b>	<b>€135/UM student €125</b>

### Employers:

Speak to us about claiming from the [Jobsplus Investing in Skills Scheme](#)

### Aim and Contents of the Course

Stroke or cerebrovascular accidents are globally, the second leading cause of death and the third leading cause of disability. Once discharged from hospital, caregivers of stroke survivors find themselves trying to adapt to their new realities whilst continuing providing rehabilitation at home. This course seeks to provide caregivers with the knowledge, skills and competencies to support stroke survivors in their daily care at home.

### Course Outline

14<sup>th</sup> April 2021 - Understanding stroke and stroke rehabilitation – Dr Anthony Scerri  
21<sup>st</sup> April 2021 - Nursing care of a person with a stroke at home – Dr Anthony Scerri  
28<sup>th</sup> April 2021 - Adapting the home environment and engaging persons with a stroke at home – Ms Cynthia Scerri  
5<sup>th</sup> May 2021 - Enabling physical activity and preventing falls at home – Ms Nadine Spiteri Gingell  
12<sup>th</sup> May 2021 - Availability of community services for care at home – Ms Charmaine Mallia  
19<sup>th</sup> May 2021 – Communicating with a person following a stroke – Ms Helen Fiorini

### Trainers:

Dr Anthony Scerri; Ms Cynthia Scerri; Ms Nadine Spiteri Gingell; Ms Charmaine Mallia; Ms Helen Fiorini.

A short bio about each trainer can be read [here](#).

### Certification

Upon successfully completing the course with 80% attendance, attendees will receive a certificate of attendance from Malta University Consulting Ltd.

### General Information

For further information kindly contact:

Malta University Consulting Ltd, Robert Mifsud Bonnici Street, Lija.

Tel: 21240746; e-mail: [trainingservices@muhc.com.mt](mailto:trainingservices@muhc.com.mt);

website: [www.muhc.com.mt](http://www.muhc.com.mt)

For online registration click [here](#).

Cheques are to be made payable to Malta University Consulting Ltd.

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