



MALTA UNIVERSITY CONSULTING

## Sex Education for Persons with Intellectual Disability Feb/March & April 2021 (20 hours)

**Course registration fee:** €229/UM students €210

**Time:** 15.00 – 17.00

**Dates:** February: 25

March: 4; 11; 18; 25

April: 1; 8; 15; 22; 29

**Closing Date:** Friday 19<sup>th</sup> February 2021

**Venue:** University Residence, Robert Mifsud Bonnici Street, Lija (ample parking space available)

**Certification:** Participants who attend **80%** of the sessions will be awarded a Certificate of Attendance issued by Malta University Consulting Ltd. **Lectures will take place in person and no online option will be available.**

**Aim & Contents of the course:** The course aims at equipping participants with the skills and tools required to address the sex education needs of persons with intellectual disability (ID).

### Course Outline:

- Age appropriate terminology related sexuality
- Puberty; physical changes & personal hygiene
- Sexual exploration and expression
- Personal boundaries; public and private behaviour
- Sexual rights, risks and responsibilities; Articles 23 & 25 of the UNCRPD, National Disability Policy and the Equal Opportunities Act (2000)
- Contraception, pregnancy and childbirth
- Parenting
- Sexual Orientation and Gender Identity
- Sexual Abuse; victims and perpetrators

### Learning outcomes :

- Participants will be able to engage in sexuality related discussion with persons with ID and approach the subject from a sexual rights perspective.
- Participants will be able to give information about sexuality using appropriate terminology and support this with the use of adequate resources.
- Participants will be able to support persons with ID to make informed choices when exploring and expressing their sexuality.

**Delivery style:** Workshops involving multi-media sex education specific material and practical sessions.

**Course Coordinator/Trainer:** Dr. Claire Azzopardi Lane specializes in the field of disability and sexuality. She has worked in various sectors of disability, including education, social care, professional staff training and ultimately academia. In her professional experience she has worked directly with persons with disability, their families and persons who work in disability related professions. Currently, Dr Azzopardi Lane heads the Department of Disability Studies at the University of Malta, but also lectures across various departments and faculties. Her most recent research work revolved around disability and sexuality, LGBTIQ, sexual health, sex education, cancer and parenting. She has presented and published her academic research internationally with the intent of influencing policy and practice in the field.

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