



MALTA UNIVERSITY CONSULTING

Sex Education for Persons with Intellectual Disability January/February 2019 (14 hours)

Course registration fee: €150/€130 (UoM students)

Time: 17.30 – 19.30

Closing date: Wednesday 9th January 2019

Dates: January; Wednesday 16th; Friday 25th; Thursday 31st

February: Thursday 7th, Wednesday 13; Thursday 21st and Wednesday 28th

Venue: Malta University Residence, Robert Mifsud Bonnici Street, Lija (ample parking space available)

Certification: Participants who attend 80% of the sessions will be awarded a Certificate of Attendance issued by Malta University Consulting Ltd.

Course Requirements: A first degree /**reading for a first degree** in one of the following areas; Youth Work, Social Work, Nursing, Education or related fields. Documentation of qualifications or a transcript of your current studies is to be submitted with the application form for review.

Aim & Contents of the course: The course aims at equipping participants with the skills and tools required to address the sex education needs of persons with intellectual disability (ID).

Course Outline:

- Naming the body
- Puberty; physical changes & personal hygiene
- Sexual exploration and expression
- Personal boundaries; public and private behaviour
- Sexual rights, risks and responsibilities
- Pregnancy and childbirth

Learning outcomes:

Participants will be able to engage in sexuality related discussion with persons with ID and approach the subject from a sexual rights perspective.

Participants will be able to give information about sexuality using appropriate terminology and adequate resources.

Participants will be able to support persons with ID to explore and experience their sexuality in an age appropriate and responsible manner.

Delivery style:

Workshops involving multi-media sex education specific material and practical sessions.

Course Coordinator/Tutor

Dr. Claire Azzopardi Lane specializes in the field of disability and sexuality. She has worked in various sectors of disability, including education, social care, professional staff training and ultimately academia. In her professional experience she has worked directly with persons with disability, their families and persons who work in disability related professions. Currently, Dr Azzopardi Lane lectures at the University of Malta, across various departments, including that of Sociology, Youth and Community Studies, Gender, Nursing and the Department of Disability Studies. Her most recent research work revolved around disability and sexuality, LGBTIQ, sexual health, sex education, cancer and parenting. She has presented and published her academic research internationally with the intent of influencing policy and practice in the field.

General Information: Cheques are to be made payable to Malta University Consulting Ltd

For further information kindly contact Malta University Consulting Ltd. Tel: 21 240746/9982 9244;
email: maria.bugeja@muhc.com.mt; website: www.muhc.com.mt