



## MALTA UNIVERSITY HOLDING COMPANY LTD

# Hidden aspects of caring in professional contexts

Wednesdays: October 12; 19; 26; November: 3; 9; 23

Time: 17.00 – 20.00 Venue: The University Residence, Robert Mifsud Bonnici Street, Lija

### AIM AND CONTENTS OF THE COURSE

#### **Areas:**

- Models of caring
- Principles of emotional intelligence
- Awareness and well-being
- Prevention of child abuse and neglect.

**Aims:** The course provides training in emotional intelligence skills relating to relationships among educators and children/young people:

- rebuilding and reflecting about own experiences of caring to improve self-formative practice as a continuous reflection-in/on-action;
- listening, analysing, and interpreting own and others' emotions to managing group and improving the effectiveness of own intervention;
- coping as an opportunity to learn and grow;
- becoming more aware about own educational models and caring style.

#### **Contents:**

##### **Unit 1- Methodological introduction; learning through experience: care review in films**

Methodology: tutor and participants' presentation, lesson and discussion, experiential activities in small group (using films, plays).

Contents: presentation of the Clinical Formation model; principles of the emotional intelligence; care models.

##### **Unit 2 – Learning through experience: when I was cared for...**

##### **Unit 3 - Learning through experience: when I cared for...**

##### **Unit 4 and 5– Learning through experience: comparing care models**

Methodology: experiential activities in small group (using autobiography, plays).

Contents: role of emotions in the educational contexts; relational ghosts and latent educational models at work in relationships; meaning pursuit and emotional listening in intra-interpersonal dynamics; awareness about the role of care and emotions in our life history like an instrument to help students' awareness and peers cooperation.

##### **Unit 6 – Follow up**

Methodology: discussion and experiential activities.

Contents: evaluation of the processes and self-evaluation.

**Programme could be changed with relation to the number of participants**

## **COURSE LECTURER**

Dr. Erika Ferrario, Ed. PhD from University of Milano-Bicocca (Italy)

Dr Ferrario is a Lecturer within the Department of Human Sciences (Faculty of Education) at the University of Milano-Bicocca (Italy) and a visiting researcher at the European Centre for Educational Resilience and Socio-Emotional Health at the University of Malta. Her areas of specialisation include emotional intelligence, nonviolent communication, resilience, gender differences, counselling and careers guidance, group dynamics, leadership and conflicts management.

## **General Information**

The course should be of interest to teachers, learning support assistants, parents, psychologists, social workers, counsellors, youth workers, professionals involved in the field of education with children and young people, care workers and the general public.

Since the course is in English a good knowledge of the English language is required.

**This is an experiential skills-based course with a high level of participation**

## **CERTIFICATE**

A Certificate of Attendance issued by Malta University Holding Company Ltd will be awarded to participants who attend at least 80% of the sessions.

## **Course Fee, Registration and Contact Information**

Registration deadline:           Friday 30<sup>th</sup> September 2011

Registration Fee: **€75**

Cheques are to be made payable to **Malta University Consulting Ltd.**

Further information can be obtained from:

**Malta University Holding Co Ltd., St Paul Street, Valletta.**

**Tel: (+356) 21 240746; Email: maria.bugeja@muhc.com.mt**

# Hidden Aspects of Caring in Professional Contexts

Venue: University Residence, Robert Mifsud Bonnici Street, Lija

Title: ..... Name:..... Surname: .....

Address: .....

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Profession: .....

Tel/mobile: .....

Email: .....

**Signature of Applicant:**

**Date:**

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Payment Options:

**By cheque**, payable to **Malta University Consulting Ltd**

**By cash** at the Old University Building, St Paul Street, Valletta, VLT 1216

**By Bank Transfer:** Name of Bank: Bank of Valletta p.l.c.

Address: University Campus, Msida

Account Number: 16707297016

IBAN: MT20VALL22013000000016707297016

Bank's BIC: VALLMTM

